

Yoga retreat India - Kerala

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Yoga retreat India Kerala so Sujithom Sudakaran v januári a februári 2026 na nové krásne miesta, kde vás čakajú krásne zážitky, festivaly, yogovanie, varenie aj nové cvičenie :-)



**YOGA SAGARA RETREAT
IN KERALA - INDIA**

24 January to 8 February 2026
(13 nights and 14 days)

14
PEOPLE MAXIMUM

Yoga Retreat Itinerary
Yoga Classes
Ayurveda Museum
Kerala Cultures
Local Festival
Local Village Visit
Temple Visit
Ashram Visit
Cooking Class
Kerala Matial Art
Beach
Fort Kochi Visit
and more

In this yoga retreat, we will stay in 3 places - Thrissur in traditional Kerala architecture and get local festival vibes; Kannur is known for beautiful beaches and rich history; Cherai is a beach front area for recharge and nearby Fort Kochi where can do shopping and enjoy old portuguese and british colonial city

 For more information you can find us on contacts below.
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